



Community Action, Inc.
of Central Texas
— DEVELOPING OPPORTUNITIES —

Texas Home Visiting Program
Good People • Great Parents



FATHERS MAKE A DIFFERENCE NEWSLETTER

Being involved with your child makes all the difference in the world

September 2015 Issue 2



Some of the participants at the Celebrating Fathers 24:7 Dad Kickoff Event

Celebrating Fathers Event Huge Success

On Saturday September 12, 2015 a great event was held at the Lillie Belle Townsend Child Development Center. A number of families gathered together to celebrate fathers. The Texas Home Visiting Program of Hays County realizes that fathers should be recognized the other 364 days out of the year and not just on Father's Day.

Participants at the event received valuable information on the positive impacts of an engaged dad with his children. The day was filled with laughter, games, prizes, and refreshments for the entire family. This was a precursor to the 24:7 Dad Group that is open to fathers in the program. A community based 24:7 Dad Group is in the works which will be open to all men in Hays County.



Father and son project



Loving father and his daughter

"Have you shared what you are doing with fathers with other Parent Ambassadors? More families need to know about what you doing. This is great!"

*- A Parent Ambassador from
A. Washington Child Development
Center, San Marcos, TX*

Home Visiting Program Now Enrolling

Texas Home Visiting is a free program that helps good people be great parents. The program matches parents with a trained home visitor who comes to wherever you live. Your home visitor is a friendly, experienced person who can answer questions about pregnancy or being a parent and can help you find services that help you care for yourself and your children. Texas Home Visiting uses programs that are proven to support families from pregnancy until the time your child enters kindergarten. Home visiting supports you and helps you set and reach goals for yourself and your child.

Contact Us

Give us a call for more information about our services and program.

D. David Bryant,
Father Engagement
Specialist

512-667-7620, ext.306
512-393-4356 cell

dbryant@
communityaction.com

Alex Mylius
Home Visiting Program
Supervisor

512-396-3395, ext.209

amylius@
communityaction.com

Visit us on the web at
communityaction.com/
texas-home-visiting

Or Facebook @
Texashomevisiting
hayscounty

Transforming from Mr. Perfect to Mr. Fix It

by D. David Bryant



When I was a boy, I used to watch a lot of wrestling. There was a wrestler who went by the name of Mr. Perfect. He was a vain wrestler that looked in the mirror quite a bit and had to have things go his way all the time. I can also recall many radio jingles growing up. One of those was for Mr. Fix It. By the sound of the name, I figured he could fix anything.

These two names represent two different ideas of thinking when it comes to self improvement in men. There are the Mr. Perfects of the world who think they are perfect and superior in every way. They feel they do not need any help. If Mr. Perfect is made aware of something that needs improvement in his life, he quickly dismisses or ignores it because there is not anything wrong. Mr. Fix It on the other hand knows a lot about a lot, but doesn't know everything about everything. Mr. Fix It is willing to learn about new things and devote the time he needs to practice the new skills he learns.

I once walked in the footsteps of both, but leaned more towards Mr. Perfect and hardly ever ventured to the side of Mr. Fix It. I was use to achieving success in many areas. I thought I could do everything myself without any help, until one day I realized this line of thinking was not only hurting me, but the ones I loved most. I knew I had to adapt to a new way of thinking. It didn't happen over a night, but as I was willing to try, my mindset began to change.

Dads, Mr. Perfect and Mr. Fix It are two strong men, but there is one who is stronger than the other. It is Mr. Fix It. He is confident in what he knows, but is ready to learn all he can to be the best father his children need. Take time to read fatherhood tips or attend fatherhood workshops. By you reading this newsletter you are making a great start. At Texas Home Visiting of Hays County, we have plenty of workshops and have many resources on Fatherhood. Let's begin this transformation together.

