



FATHERS MAKE A DIFFERENCE NEWSLETTER

BEING INVOLVED WITH YOUR CHILD MAKES ALL THE DIFFERENCE IN THE WORLD

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The League of Extraordinary Fathers

by D. David Bryant – Father Engagement Specialist for

Texas Home Visiting Program of Hays County

It's a position that many of you have been preparing for and training for your entire life, yet you may be unaware that you have been prepping for one of the greatest leagues on earth. The ups and downs of life, the victories you have achieved, and the setbacks you have received along the way, has gotten you to where you are now. As you look back in life, you can see how you have grown in maturity. The old strategies of thinking solely about you and being self-absorbed as you ran the drills of life to becoming more seasoned with responsibility and consideration for others. Welcome to the League! The League of Fatherhood.

It is my desire that you move up from fathering a child to becoming a

father to your child. There's a difference. It is our goal that you engage in your child's life and be the best you can be.



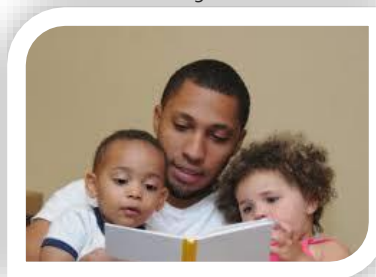
To be extraordinary means to go beyond the norm, to go beyond what is regular or usual. To go beyond the established pattern. We believe that can be **YOU**; To go beyond the norm as a father. We believe that you can be

greater than the established patterns of fathers you may have seen. It is our goal to equip you with and sharpen the tools you need in your daily lives. Whether you a future Father League draft pick, a rookie, or veteran, you have what it takes to be elevated to the League of Extraordinary Fathers.

Tips for New Dads

1. Be gentle, be patient, be loving, be there.
2. Read to your child 30 minutes a day. By the time Kindergarten rolls around he would have learned 500 words more.
3. Tell your kids you love them.
4. Turn the TV off and play with your child.

From Fatherhood.gov



Father Activity Tips

Just be there. Many times the best toy you can give your child is you. Play with them. Let them be a part of something you like doing or engage in something they like to do, i.e. coloring, dancing, singing, tossing the ball around, and more.

1. Build something with your child.
2. Go Hiking at a National Park.
3. Go swimming with your child.
4. Camping in the Backyard or Living Room

From Allprodad.com

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